

ABCDE



A – Airway

Suction

Head tilt, chin lift, jaw thrust

Ear to mouth

- (look listen and feel)

Airway Adjuncts

- (oropharyngeal, nasopharyngeal)

B – Breathing

Oxygen

- 15 liters, high flow, non-rebreathe

Pulse oximeter (saturation)

Resp rate

Inspect, palpate, percuss, auscultate

Trachea

Arterial Blood Gas

C – Circulation

Pulse

BP

Cyanosis

Cap refill (< 2 seconds)

IV access

- 2 large bore cannulae antecubital fossa

- Fluids

- Blood sample

Auscultate heart sounds

ECG

Urinary catheter

Management – eg MONA, stop blood loss etc.

D – Disability

AVPU

Glucose

Pupils

E – Exposure

Exposure – examination

Temperature

Get notes